



# Novice Registration

## for Supervised use of The Lock Climbing Wall



### **Novice Details** Please complete this form using BLOCK CAPITALS.

Title  First Name  Surname

Male / Female  Address

Date of Birth

Emergency Contact No.  Post Code:

Emergency Contact Name  E-mail address

Please read the **Conditions of Use** and **Rules** on the reverse of this form and then answer the following questions by writing either "YES" or "NO" in the boxes below. After signing the declaration, you will be registered to use the facilities under the supervision of the person named below.

Do you understand and agree to abide by our Rules and Conditions of Use (see reverse)?.....

Do you agree to be supervised by the person named below?.....

Do you agree not to use these facilities without their supervision?.....

Do you understand that climbing is a dangerous activity which could result in your injury or death?.....

**Declaration of fitness** I certify that to the best of my knowledge, I do not suffer from a medical condition which might have the effect of making it more likely that I be involved in an accident which could result in injury to myself or others.

**Declaration of fact** I also confirm that the above information is correct and if any information changes I will notify the centre:

Signature  Date

### **Supervisor Details** Please complete this form using BLOCK CAPITALS.

First Name  Date of Birth

Surname  Emergency Contact Name

Emergency Contact No.  Relationship

Please answer the following questions by writing either "YES" or "NO" in the boxes. After signing the declaration you will be responsible for supervising the novice named above whilst using these facilities.

Do you understand and agree to abide by our Rules and Conditions of Use (see reverse)?.....

Do you agree to supervise the person named above whilst using these facilities?.....

Do you agree to stay with the person named above whilst using these facilities?.....

Signature  Date

THIS PART TO BE FILLED IN BY CENTRE STAFF			
	Have you checked that the supervisor is a competent registered adult?		<input type="text"/>
Staff Name	<input type="text"/>		
Signature	<input type="text"/>	Date	<input type="text"/>

# CONDITIONS OF USE OF THE LOCK CLIMBING WALL

## BMC PARTICIPATION STATEMENT

“The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.”

## RISKS

Although the climbing centre is an artificial environment the risks involved are no less serious than when climbing outside on a crag or mountain. There is an **additional risk** that bolt-on holds can spin or break.

The soft flooring under the bouldering walls is designed to provide a more comfortable landing for climbers falling or jumping from the bouldering wall. The soft flooring does not make climbing any safer and broken and sprained limbs are common on this type of climbing wall despite the soft landing.

Uncontrolled falls are likely to result in injuries to yourself or others. Climbing beyond your capabilities on any wall is likely to result in a fall and any fall may result in an injury despite the safety systems in place to avoid it. **You must make your own assessment of the risks whenever you climb.**

## OUR DUTY OF CARE

The rules of the climbing centre set out below **are not** intended to limit your enjoyment of the facilities. They **are** part of the **duty of care** that we, as operators, owe to you, the customer, by law. As such they are **not negotiable** and if you are not prepared to abide by them then the staff must politely ask you to leave.

## YOUR DUTY OF CARE

You also have a duty of care to act responsibly towards the other users of the centre, following ‘Good Practice’ signs which are posted around the centre describing the accepted methods of use and behaviour.

## UNSUPERVISED CLIMBING

Before you climb without supervision in this centre, you are expected to be competent in the activity in which you are wishing to take part. **Roped climbers** must be able to fit a safety harness, attach the rope to the harness using a suitable knot as well as securing and lowering a falling climber with a belay device. **Boulderers** must be aware of and accept the risks involved with using a bouldering facility. **Autobelay users** are expected to be able to fit a safety harness and clip into the auto belay via the correct attachment point on their harness as a minimum. Additionally, all users are to abide by the Rules outlined below. Anyone who has not registered as above is classed as a novice and must not climb without supervision.

Unsupervised climbing is just that! Staff will provide whatever help and advice they can, but instruction in the use of equipment or climbing techniques will only be provided where it has been booked and paid for in advance. If you are not confident in the use of any climbing equipment or technique then do not attempt to use it without the supervision of someone who is competent to do so.

## SUPERVISED CLIMBING

**Novices** – A registered adult may supervise up to two novices as long as they are prepared to take full responsibility for the safety of those people. Groups of three or more novices must only be supervised by an instructor holding the relevant NGB qualifications.

**Children** – All children in the centre must be supervised by an adult unless they have passed an Under 18’s assessment and are registered to climb without supervision.

# RULES OF THE LOCK CLIMBING WALL

## GENERAL SAFETY

- Report to reception on each visit before you climb.
- You must exercise care, common sense and self-preservation at all times.
- Report any problems with the walls, equipment or other climbers’ behaviour to a member of staff immediately.
- Be aware of the other climbers around you and how your actions will affect them.
- Do not distract people while they are climbing or belaying.
- Stand well back from the climbing walls unless you are belaying or spotting a climber.
- Solo climbing is not acceptable on these walls.

## WHEN BELAYING

- Always use a belay device attached to your safety harness with a locking karabiner. ‘Traditional’, or ‘body’ belaying is not acceptable.
- The attachment points on the floor are provided to give support to people belaying a climber who is much heavier than they are. Direct belays from the attachment points on the floor are not acceptable.
- Always pay attention to what the climber is doing.
- Always stand as close to the climbing wall as is practical unless you are using one of the attachment points on the floor. Sitting or lying down are not acceptable.

## WHEN CLIMBING

- Always use a suitable climbing harness and tie the rope directly into this harness using a suitable climbing knot.
- Clipping in with a karabiner is not acceptable

## TOP ROPING

- Many of the climbs in the centre have top ropes already in place. Do not take them down to use on other routes.

## LEAD CLIMBING

- When using the lead walls you must supply your own appropriately rated dynamic rope.
- Do not use the centre’s top ropes for lead climbing.
- Do not use your own quickdraws on our walls, only lead climb routes where insitu quickdraws are available.
- You must clip all quickdraws on the route you are climbing.

## WHEN BOULDERING

- Always climb within your capabilities and descend by down climbing, jumping or, at the very least, a controlled fall.
- Never climb directly above or below another climber.

## AUTOBELAY USE

- Always keep the area below the autobelay clear
- Always clip in safely before each climb.
- Ensure that the autobelay is retracting correctly and do not climb with slack in the system.
- Never climb alongside or above the autobelay.
- We recommend removing helmets when using autobelay’s to reduce strangulation risk.
- Ensure you meet the manufacturer’s requirements.